

ACTION TEAM REPORT



Connects with pages 10-11 of the May *Wall Street Journal Classroom Edition*

Summer Service: Spread the Health!

The *Classroom Edition* offers a service-learning section presented by the Major League Baseball Players Trust. Components:

- » **Action Team Service Project:** Cold Spring Harbor (NY) Action Team encourages anti-bullying and fitness
- » **Major Leaguers Service Profile:** Big league tips for healthy choices from three players
- » **Articles from *The Wall Street Journal*** to inspire volunteer activities, posted at WSJclassroom.com/VolunteerCenter:
 - “2011: The Year of the Vegetable”
 - “Teen Use of Menthol Cigarettes on the Rise”
 - “The Mayor Wants You to Lose Some Weight”
 - “Are ‘Sext’ Messages a Teenage Felony or Folly?”
 - “Out2Play Helps Fill Playground Void”

Community Service Projects Promoting Healthy Choices

Have students read one or more of the articles listed above and then choose a focus for a summer service activity. Use the chart below and posted at WSJclassroom.com/VolunteerCenter for ideas and resources.

Health Focus	Volunteer Ideas	Resources
NUTRITION	<ul style="list-style-type: none"> • Grow a community garden to support a food bank. • Pack food or deliver meals for a program that serves the homebound elderly. • Read children’s books and lead activities on healthful eating at a preschool or library summer program. 	<ul style="list-style-type: none"> • Starting a Community Garden • Find a Local Food Bank • Let’s Move: Eat Healthy • Meals on Wheels in your area • Children’s Books About Nutrition
FITNESS	<ul style="list-style-type: none"> • Clean up and/or develop bike paths and walking trails for National Trails Day, June 4. • Collect gently used sports equipment for kids’ programs. • Plan a recreation program or coach a sports clinic for children. 	<ul style="list-style-type: none"> • Trail Development from the National Park Service • American Hiking Society • Let’s Move: Get Active • Physical Activity: Guidelines for Children • Guide to Coaching Youth Sports • Health Tips from Major League Players
ANTI-SMOKING	<ul style="list-style-type: none"> • Make anti-smoking posters and murals to display in community centers and other places where kids hang out. • Create a video message on why not smoking is cool to post on a school or community Web site. • Start a truth-about-smoking blog with tips on quitting. 	<ul style="list-style-type: none"> • Facts About Smoking from the National Institutes of Health • Smoking: What You Can Do from PBS Kids • Designing Great Posters • Equipment, Instructions and Ideas for Making Videos
ANTI-BULLYING	<ul style="list-style-type: none"> • Develop a bullying prevention project to support younger children. • Create a page on anti-cyber bullying on Facebook and/or your school or community Web site. • Plan a local campaign for National Bullying Prevention Month in October. 	<ul style="list-style-type: none"> • Youth Leader Toolkit at StopBullying.gov • 11 Facts About Cyber Bullying from DoSomething.org • Cyber Bullying: What Kids, Teens and Young Adults Can Do • Teens Against Bullying at the National Bullying Prevention Center

For active links to the online resources on this page, go to WSJclassroom.com and log in for the May Teacher Guide.

Start an Action Team Today—It’s FREE!

Help meet the goal of 200 Action Teams before the end of this school year! Get an **Action Team application** now. Visit ActionTeam.org to learn more.



Goal: 200 Action Teams

To Date: 162 Action Teams

LEARN360
ENGAGE • ENRICH • EXCEL

Learn360 schools: Check out the Action Team resources. If your school is not a Learn360.com subscriber, sign up for a free 30-day trial.